

COLLEGE OF CHARLESTON

Honors College General Education Requirements for B.S. IN PHYSICAL EDUCATION with Exercise Science Concentration

A. English Composition (6 hours): HONS 105 _____

HONS 106 _____

B. History (6 hours): HONS 120 _____

HONS 130 _____

*If AP credit for HIST 101 & 102, student is exempt from HONS 130. HONS 120 & 130 satisfy 6 hours of the Humanities requirement, in addition to the History requirement.

C. Natural Science Sequence (8 hours): BIOL 111 or

HONS 151 _____

BIOL 112 or

HONS 152 _____

*Additional Science courses in Chemistry and Physics are also required, but take BIOL first.

D. Math Requirement: MATH 120 _____

*MATH 120 or HONS 115 plus either HONS 215 or any 200-level MATH course.

E. Foreign Language Requirement: _____

*Completion through 202 or exemption test. Student must take a subsequent course with a "C" or better to obtain credit for courses they place out of within the first year at CofC.

F. Humanities: _____

*6 hours from literature, fine arts, (excluding studio art, practice & performance of music, stagecraft), religious studies, history (excluding HIST 101 & 102) or philosophy (excluding PHIL 215, 216 & 127). You can also satisfy some or all of the Humanities requirement with Honors Humanities courses. 6 credits are satisfied with HONS 120 & 130.

G. Social Science: _____

*6 hours from ANTH, ECON, POLS, PSYC, or SOCY. You can satisfy some or all of the Social Science requirement with Honors courses in the Humanities.

H. Additional Honors Classes _____

I. Tutorial/Independent Study (3 hours): _____

J. Bachelor's Essay (6 hours): _____

REQUIREMENTS FOR B.S. IN PHYSICAL EDUCATION with Exercise Science Concentration

You must achieve a minimum cumulative GPA of 2.00 in major area courses.

CORE COURSES:		Credits	Prerequisite Notes
PEHD 201	Introduction to Physical Education	(3)	
HEAL 216	Personal & Community Health	(3)	
PEHD 330	Kinesiology	(3)	
PEHD 340	Exercise Physiology	(4)	
PEHD 433	Research Design and Analysis	(3)	
PEHD 458	Organizational & Administration of Physical Ed	(3)	
EXERCISE SCIENCE CONCENTRATION Requirements:			
PEHD 210	Concepts in Fitness Assessment & Exercise	(3)	
PEHD 235	Motor Learning and Development	(3)	
HEAL 333	Sports Exercise and Nutrition	(3)	
ATEP 430	Therapeutic Exercise	(3)	
ATEP 437	Therapeutic Modalities or	(3)	
PEHD 438	Advanced Topic in Resistance Training or	(3)	
PEHD 439	Advanced Topic in Exercise Physiology	(3)	
PEHD 440	Biomechanics	(3)	
PEHD 498	Capstone Experience in Exercise Science	(2)	
BIOLOGY Prerequisite Requirement (16 hrs):			
BIOL 111	Intro to Cell and Molecular Biology		
or			
HONS 151		(3)	
BIOL 111L	Intro to Cell and Molecular Biology Lab	(1)	
BIOL 112	Evolution, Form & Function of Organisms		
or			
HONS 152		(3)	
BIOL 112L	Evolution, Ecology & Biology of Organisms Lab	(1)	
BIOL 201	Human Physiology	(4)	
BIOL 202	Human Anatomy	(4)	
COGNATE Requirement (12 hrs):			
CHEM 101	General Chemistry or	(3)	
CHEM 111	Principles of Chemistry	(3)	
CHEM 101/111L	Chemistry Lab	(1)	
CHEM 102	Organic and Biological Chemistry or	(3)	
CHEM 112	Principles of Chemistry	(3)	
CHEM 102/112L	Chemistry Lab	(1)	
PHYS 101	Introductory Physics	(3)	
PHYS 101L	Introductory Physics Lab	(1)	
PHYS 102	Introductory Physics	(3)	
PHYS 102L	Introductory Physics Lab	(1)	

Notes: